



5th September 2023

Dear Parents/Carers

Nut Allergy in School/Pre-school

One of our children has a nut allergy. Although we are in the possession of emergency medication, it would seem clear that we should now endeavour again to minimise the chances of a life-threatening reaction by reducing the availability of nut products in school/pre-school. With this in mind, I thought it reasonable to resend this letter, with the following points, relating to the School's Food Policy:

- Parents/carers are kindly requested not to send food to the School/Pre-school that contains nuts. This includes all types of nuts, peanut butter, Nutella, cereal/chocolate bars and any other food containing nuts.
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into the School/Pre-school.
- Children that do bring in food that does contain nuts or nut products will be asked to eat that food away from any child with a nut allergy and to wash their hands before going to play.
- Children will be reminded on a regular basis not to share food.
- Children will be encouraged to wash hands before and after eating.
- Most staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use this training as the need arises.
- The School dinner providers will endeavour that all cooked food is nut-free, though external caterers cannot guarantee nut-free menus and preparation environments.
- Parents/carers of nut allergy sufferers have a responsibility to keep the School/Pre-school informed of contact details, and to support the School's endeavours by anticipating any possible situations through liaising with the School/Pre-school, to alleviate the risks. Parents and carers of children with nut allergies will need to provide a suitable quantity of Epi-Pens and other medication as prescribed by their GP or hospital consultant.

I can understand that restricting foods may be considered an inconvenience, but I hope the explanation clarifies why this change to the Food Policy has been made.

Thank you for your help in this matter.

Chris Burman